• Chapter 1

- Thank God for fellow believers and their faith (v. 3–4).
- Praise God for Christ's supremacy and the hope believers in Christ have (v 5)
- Praise God for and ask him to continue to cause you to bear spiritual fruit (v 6)
- Ask for spiritual wisdom and understanding (v. 9).
- Pray to walk in a manner worthy of the Lord (v. 10).
- Ask for strength and endurance with joy (v. 11).
- Give thanks for salvation and inheritance in Christ (v. 12–14)
- Worship Christ as the image of the invisible God (v. 15).
- Acknowledge Christ as Creator and Sustainer (v. 16–17).
- Submit to Christ's lordship over the church and your life (v. 18).
- Praise Him for reconciling all things through His blood (v. 20).

Chapter 2

- Pray to walk in Christ, rooted and built up in Him (v. 6–7).
- Ask for protection from false teaching (v. 8).
- Thank God for the fullness of life in Christ (v. 9–10).
- Rejoice in spiritual freedom through the cross (v. 13–15)

Chapter 3

- Seek the things that are above (v. 1–2).
- Put to death earthly desires (v. 5–10).
- Clothe yourself with compassion, humility, and love (v. 12–14).
- Let Christ's peace and word dwell in you (v. 15–16).
- Do everything in the name of and for the glory of Jesus (v. 17).

Chapter 4

- Devote yourself to prayer with watchfulness and thanksgiving (v.
 2).
- Ask for open doors to share the gospel (v. 3).
- Pray to speak with clarity and grace (v. 4, 6).
- Seek wisdom in how you live and speak to outsiders (v. 5).